



# MADHA INSTITUTE OF ENGINEERING & TECHNOLOGY

(Approved by AICTE & Affiliated to Anna University, Chennai)

Sadhanandhapuram, Erandamkattalai

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## **Implementation of Unnat Bharat Abhiyan/Saansad Adarsh Gram Yojana (SAGY)**

### **Report on the Health Awareness Programme on World Health Day 7 April 2022.**

Madha Institute of Engineering and Technology organized a Health Awareness Camp on the World Health Day, 7<sup>th</sup> April 2022 at Pammal village. The programme started with Mr Venkatesan, the Panchayat Head of Pammal Village who welcomed and introduced us to the people of Pammal. This was followed by Mr. J. Sivamurugan, Associate Professor and Head, Department of Computer Science and Engineering who spoke the participants about the importance of giving the topmost priority to one's health. The purpose of the programme was to spread awareness about good health and issues that we face, which inhibit us from leading a healthy life.

Dr A E Gangadharan addressed the gathering on eating nutritious food, having clean habits and leading a healthy life. Dr Kalaivani spoke to the women on the importance of timely checkup when they conceive and focused on women who need to pay attention during their menopause stage which is a very crucial period in a woman's life. Annual health check ups to avoid breast cancer and uterine cancer was also highlighted.

A general checkup was done for the villagers and their health issues were addressed. Some were asked to visit the government hospital and use the services provided by the government hospital for further tests.

