



MADHA INSTITUTE OF ENGINEERING & TECHNOLOGY

(Approved by AICTE & Affiliated to Anna University, Chennai)

Sadhanandhapuram, Erandamkattalai

CHENNAI – 600 128

Dr. P. SURESH MOHAN KUMAR

Principal

03.01.2025

Establishment of platform or hiring counsellors for seeking help and guidance w.r.t psychological counselling related to Mental Health for Students, faculty and non-teaching faculty

The Heartfulness Connection Introductory Session was attended by students and teachers of Madha Institute of Engineering and Technology. The Heartfulness coordinators felicitated the Principal and Vice Principal of the college and expressed their gratitude for the opportunity. The students had a wonderful day at Bapuji Memorial Ashram with yoga, guided relaxation and meditation sessions. The students also happily shared their experiences.





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